

SPAIN

Fathers' day/ Saint Joseph

ITALY

Father's day

Festa del Papa, the Italian name for Father's Day, is celebrated on March 19, St. Joseph's Feast Day in Italy. Households prepare traditional spreads of special Italian breads and cookies. This is the day when families show their gratitude to their fathers with favors and gifts. Here's how to celebrate Father's Day in Italy:

1. Start your dad's day with delicious breakfast. Prepare Zeppole, the most common pastry treat for Father's Day in Italy. Gather all the ingredients required for the dish in advance so that you can spend most of your time with dad.
2. Step 2
Serve the breakfast on a tray decorated with attractive ribbons and a bunch of red roses. The red rose is the traditional flower of Father's Day. Little extra efforts such as this will fascinate your father.
3. Step 3
Take him out to an elegant restaurant or cafe for a hearty meal. It could be for brunch, lunch or dinner. Choose his favorite Italian or non-Italian restaurant or a new restaurant that serves the cuisine he enjoys.
4. Step 4
Don't forget dessert. Choose from traditional Italian desserts such as tiramisu, gelato, zabaglione, Zuppa Inglese, cannoli, Genoise cake and so on.
5. Step 5
Consider treating him to a lavish meal at home by cooking some of his favorite dishes. Remember to include dessert which you can either make at home or order from a nearby bakery.
6. Step 6
Do away with normal gifts like ties and wallets. Give him a traditional picture of St. Joseph with a handmade card that includes a nice message for him on the inside. Also consider giving him grappa, a strong Italian brandy. Or search for and order a gift online (see Resources below).
7. Step 7
Reserve your day for him. Time is the most precious thing you can give him. Do some of his favorite things together--hiking, fishing, watching a sports game, going to the movies or whatever else he enjoys.
8. Step 8
Arrange a party for your dad. Invite family friends and relatives. Prepare a few words for your father in advance to be spoken at the party. Let dad know how much you love him.

